## Pleasant Valley Weekly

Sing praises to God, sing praises! Sing praises to our King, sing praises! For God is the King of all the earth; Sing praises with understanding. (Psalm 47: 6—7)

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## Seven Weeks In—Where do you stand?

It's been seven weeks since we began reading the Bible together. That's 35 days of reading. How are you doing? Have you found it to be difficult? Have you found anything "new"?

According to research done, not by me mind you, it takes approximately 66 days to form a habit. Understand, it takes 66 days straight to form a habit. Since we are not reading on the Weekends, if you want to make reading a habit YOU need to ensure you set aside the time to do the readings. Force yourself to do this. If not you will not established the habit we are trying to reach.

So where do you stand after 35 days? In the upcoming week we are reading Acts 20—24. What chapter in Acts are you on—be honest.

We have spent so much of our lives telling people that we, as the church of Christ, stand for what the Bible says. But yet, so much of our life is spent not reading it. So it stands to reason some of us have found it difficult to read each day and find ourselves catching up on Saturday's.

Commitment is defined as: an agreement or pledge to do something. What commitment did you make? You do not owe it to me, or anyone else in the congregation. You owe it to yourself to know and understand the road map God has given us. How else will you know how to navigate the road of life? If you didn't make a commitment to read, make one. If you did, and you have slipped, don't give up it gets easier. And one day we will all have the habit of reading God's word.