

Procrastination

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Pro – forward

Crastinus – of tomorrow

Procrastination is a behavior which is characterized by the deferment of actions or tasks to a later time

to defer action; delay: to procrastinate until an opportunity is lost

Procrastination

“People, who wait for all conditions to be perfect before acting, never act.”

Nothing happens until something moves. –
Einstein

You may delay, but time will not. –
Benjamin Franklin

Procrastination

Acts 24 : 24 – 25

“Go away for now; when I have a convenient time I will call for you.”

Acts 26 : 27 – 29

“you almost persuade me to become a Christian.”

Luke 9 : 59 – 62

“No one, having put his hand to the plow, and looking back, is fit for the kingdom of God.”

Exodus 18 : 20

“...teach them the statutes...show them the way they should walk and the work they must do.”

Procrastination

Eight steps to stop procrastinating

Visualize the end from the beginning

Count the cost

Brainstorm

Make a public commitment

Gather material

Break it down. Do it one step at a time

Sweat it out for ten minutes

Set the bar low

Procrastination

Set the bar low

When an otherwise talented and ambitious person is also a chronic procrastinator, the cause is usually a deep seated tendency toward perfectionism. This perfectionism creates an expectation in the individual that he or she must do the job perfectly the first time around.

This expectation creates stress, anxiety and the fear of failure. The individual is likely to put the task off indefinitely so that he never has to evaluate his performance and can keep his imagined perfection rather than improving his actual performance. The solution to this is to set the bar low for the initial results of the project.

Procrastination

What is the task?

Mark 16 : 15

“Go into all the world and preach the gospel to every creature”

There are 6.95 billion people in the world today

II Peter 3 : 9

“...not willing that any should perish but that all should come...”

What does the word “all” mean?

The whole quantity, extent, duration, amount, quality, or degree

Wholly; completely; entirely

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Set the bar low

How big is “the world” to you?

Planet Earth

North America

United States

Texas

Region of the Panhandle

Potter / Randall Counties

Amarillo

Neighborhood

Street

Block

Immediate Neighbor

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Set the bar low

How big is “the world” to you?

Can we actually save “all” the lost?

Acts 8 : 1

“...except the apostles.”

Acts 6 : 2 – 3

“It is not desirable that we should leave the word of God and serve tables...”

I Corinthians 1 : 17

“Christ did not send me to baptize, but to preach...”

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Set the bar low

Can we actually save “all” the lost?

Can you do it alone?

Mark 6 : 7

Jesus sent his disciples out by two's. Not alone.

Acts 13 : 2 – 3

“Now separate to Me Barnabas and Saul...”

Acts 15 : 36 – 41

Neither Paul or Barnabas went alone...

II Timothy 4 : 11

Paul asks for Mark.

“...for he is useful to me for ministry.”

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Set the bar low

Warnings

Be realistic about what “you” can do.

I Corinthians 12 : 27 – 30

Use what God gave you.

Ephesians 4 : 7 – 13

Christ has given us each other, we can't do “all” the work by ourselves. We need one another.

III John 1 – 8

If you can't be a door knocker, a teacher, a preacher ... be a Gaius