

# Pleasant Valley Weekly

But as for me, I will come into Your house in the multitude of Your mercy; In fear of You I will worship toward Your holy temple. (Psalm 47 : 6—7)

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## Procrastination

### Tackling Procrastination before it Tackles Us

We have begun a new series this year. Our goal is to conquer Procrastination. In our first lesson we understood just what Procrastination is, but more importantly why it is so harmful to us as a Christian.

This morning let us start conquering Procrastination by delving into the first step: Visualize the end from the beginning.

What do you think this means? It's actually fairly simple; you visualize your end goal, what you are fighting, working, and striving for today and feel what it feels like to succeed.

This does not mean that you have obtained it, but think about what it feels like to succeed in what you have worked so long and hard for. Once you feel the success, your drive to win will overcome any hesitation.

What is it that you have put off? Where can you start today? As we focus on our spiritual walk, where have we “dropped the ball?”

Ask yourself: Where is it that you want to be when this life is over? Can you visualize it? As you do, visualize what steps it will take to get there. Can you see them? This is the first step.

## Procrastination

### \* Procrastination

Pro—forward

Crastinus—of tomorrow

Procrastination is a behavior which is characterized by the deferment of actions or tasks to a later time.

### \* Step 1: Visualize the end from the beginning

Visualize you winning

Visualize the steps it takes to get there

### \* The Task: Going into the world—Matthew 28 : 19

The end—Saving the Lost—Acts 2 : 41—47

The steps—Preaching—Romans 10 : 1—5, 11—17

### \* The Task: - Saving our Brethren from sin—Jude 23

The end—We all go to Heaven together—I Thess 4 : 17

The steps—Seeking and praying for them—I John 5 : 16

### \* The Task: Remaining Faithful—Revelation 2 : 10

The end—Your choice—Revelation 20 : 11—21 : 8

The steps—Be approved of God—II Timothy 2 : 15

### \* Warnings

do Don't get ahead of yourself; Don't visualize Failure; Don't do it for the wrong reasons

### \* Step 1: Visualize the end from the beginning.