

Pleasant Valley Weekly

But as for me, I will come into Your house in the multitude of Your mercy; In fear of You I will worship toward Your holy temple. (Psalm 47 : 6—7)

Vol. 2

March 30, 2014

Issue 13

Procrastination

Tackling Procrastination before it Tackles Us

In our series on conquering Procrastination, we've taken the first steps. We have learned what it means to visualize the end from the beginning and how we should count the cost if we do nothing. Our goal for this series is to learn why it is so harmful to us as Christians to let procrastination keep us from our duty.

This morning let us continue conquering Procrastination by taking the third step: Brainstorming

What do you think this means? It's actually fairly simple; you sit down and write out, talk out, all of the necessary steps or ways that a task can be completed. The key is to not be critical or criticize anything at this time, your brainstorming not establishing a plan of action.

This step is easier than you think. To often we fail to act or say something because our brain "throws a sprocket". We can't find the words or we can't find the first step.

This morning I will give you a list of three things that should be on your mind at all times, things you can brainstorm over. However, let me warn you now—brainstorming about something that needs to be done is not the same as doing it.

Procrastination

* Procrastination

Pro—forward

Crastinus—of tomorrow

Procrastination is a behavior which is characterized by the deferment of actions or tasks to a later time.

* Step 3: Brainstorm

Write down all steps, and ways something can be done.

Don't be critical of your thought process.

* Brainstorm—About the Lost

Matthew 10 : 6

John 3 : 16—Romans 5 : 8—He died for all of us.

* Brainstorm—About your Brethren

I Timothy 1 : 1—2; II Timothy 1 : 1—7

Matthew 18 : 12—15

* Brainstorm—About the Word of God

Psalm 42 : 1—2

Psalm 119 : 105

* Warnings

Do not let Brainstorming become busy bodying/gossiping

* Step 3: Brainstorm