

Pleasant Valley Weekly

But as for me, I will come into Your house in the multitude of Your mercy; In fear of You I will worship toward Your holy temple. (Psalm 47 : 6–7)

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Procrastination

Tackling Procrastination before it Tackles Us

In our series on conquering Procrastination, we have just three steps left to being Procrastination free. Our continual goal for this series is to learn why it is so harmful to us as Christians to let procrastination keep us from our duty, and what we can do to overcome it.

This morning let us continue to conquer Procrastination by taking the sixth step: Break it down. Do it one step at a time.

This step alone will stop procrastination in its track. So, what does this mean and how do we do this? Start by writing down what you need to do, then start crossing off your list one at a time.

We've all heard the phrase, "You can't eat an elephant in one bite." This is the very principal behind this step. The task we have at hand is a large one. Jesus described it this way, "Go into all the world..." (Mark 16 : 15) It can't be done in one step. It will take time, it will take patience on our part, but it needs to be done.

So how do you eat an elephant? One bite at a time. How do we go into all the world? One house, one street, one neighborhood, one city, one state, one country at a time. One at a time.

Procrastination

* Procrastination

Pro—forward

Crastinus—of tomorrow

Procrastination is a behavior which is characterized by the deferment of actions or tasks to a later time.

* Step 6 : Break it down. Do it one step at a time.

Do not become overwhelmed at the size of your task. Write it out in small doable steps. Focus on one step at a time, and then move forward.

* Eat the elephant, one bite at a time.

Consider what God asked Noah to do—Genesis 6

The size of the arc; the precious cargo; the food

Seven days of final prep—Genesis 7

What can you learn from Noah

God is patient and willing to wait while we work.

* Follow your orders

Consider the Temple built by Solomon—I Kings 6

* Warnings

Finish what you start

Run to Win; Run with Patience; Finish the Race

* Step 6 : Break it down. Do it one step at a time.